

www.ying.yoga

YING PILATES

Ying Yang
512-870-7092
ying25@icloud.com

SUN	MON	TUES	WED	THUR	FRI	SAT
		6:30 PM REFORMER PILATES	6:30 PM REFORMER PILATES		6:30 PM REFORMER PILATES	

Book your class on the MINDBODY app

(Search for business name: “Ying Yoga”)

8650 Spicewood Springs Rd
Austin, TX 78759

Updated 8/1/2024